

3ª Etapa Toféu Inter Regional das Beiras

XCO - Vila Velha de Ródão

October 24, 2021

Cadetes (Men)

1st lap 4.00 km, 3 more laps of 16.00 km, winner: 47:11 at 20,35 km/h

Pos	Bib	Last Name	Team	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4
1	37	TIAGO TAVARES	Marrazes/Gui/Brejinho/Bike-Zone leiria	47:11		20,35	11:30	11:30	11:50	12:21
2	20	GUILHERME ARTUR CABRAL DUARTE	Azuribike Mangualde Team	48:31	1'19"	19,79	11:24	11:52	12:23	12:52
3	21	MARTIM FERREIRA	Azuribike Mangualde Team	49:52	2'40"	19,25	12:01	12:22	12:49	12:40
4	42	JOÃO BERNARDO GIL NAVE ROCHETEAU	CCDR Colmeal da Torre/Visit Belmonte/Starmodular	52:41	5'30"	18,22	13:01	12:58	13:19	13:22
5	25	RODRIGO JESUS	Azuribike Mangualde Team	1:00:42	13'30"	15,82	13:34	14:26	15:39	17:03
6	747	JOÃO FERREIRA MATIAS	Marrazes/Gui/Brejinho/Bikezone Leiria	1:01:16	14'05"	15,67	14:46	15:13	15:50	15:27



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Juniors (Men)

1st lap 4.00 km, 4 more laps of 20.00 km, winner: 1:00:09 at 19,95 km/h

Pos	Bib	Last Name	Team	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	52	SEBASTIÃO SEQUEIRA	Clube_Ciclismo_Castelo_Branco	1:00:09		19,95	11:39	11:39	12:18	12:18	12:16

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ELITES/Sub23M (Men)

1st lap 4.00 km, 6 more laps of 28.00 km, winner: 1:19:04 at 21,25 km/h

Pos	Bib	Last Name	Team	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7
1	7	RUI CARVALHO	Clube_Ciclismo_Castelo_Branco	1:19:04		21,25	10:31	13:27	10:50	10:47	10:48	11:29	11:11
2	6	FRANCISCO SANTOS	Clube_Ciclismo_Castelo_Branco	1:25:23	6'18"	19,68	16:01	7:03	11:47	12:27	12:10	12:47	13:07
3	61	RÚBEN GONÇALVES	Wamba_Jovem	1:28:20	9'15"	19,02	12:21	12:32	12:39	12:27	12:18	12:24	13:40
4	5	HUGO LOPES	A.C.BTT FÔJO	1:29:49	10'45"	18,70	11:57	12:13	12:45	12:40	12:49	12:57	14:28
5	63	DANIEL MATA	Retiro das Adegas / Churrasqueira da Quinta	1:21:36	-1 lap	20,59	12:48	13:17	13:42	13:45	14:02	14:02	

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Master 30M (Men)

1st lap 4.00 km, 4 more laps of 20.00 km, winner: 55:14 at 21,73 km/h

Pos	Bib	Last Name	Team	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	64	PEDRO CORREIA	BTTGardunha/Fundão/Create	55:14		21,73	10:37	10:44	11:05	11:15	11:32
2	65	BRUNO SALVADO	Retiro das Adegas / Churrasqueira da Quinta	56:44	1'30"	21,15	11:03	11:14	11:23	12:07	10:57
3	66	PEDRO MARQUES	Clube BTTSeia	58:24	3'10"	20,55	11:09	11:40	11:56	11:49	11:50
4	67	TIAGO LAVADELAS	BTTGardunha/Fundão/Create	58:38	3'24"	20,47	11:35	11:44	11:51	11:51	11:37
5	70	ROBERTO JOSÉ CENTEIO BARATA	CCDR Colmeal da Torre/Visit Belmonte/Starmodular	59:59	4'46"	20,01	11:25	11:48	12:14	12:19	12:13
6	89	JOÃO MIGUEL DE SOUSA TAVARES	CCDR Colmeal da Torre/Visit Belmonte/Starmodular	1:06:56	11'42"	17,93	12:58	13:53	14:35	12:40	12:51

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Master 40M (Men)

1st lap 4.00 km, 4 more laps of 20.00 km, winner: 55:47 at 21,51 km/h

Pos	Bib	Last Name	Team	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	81	HUGO MOREIRA	Individual	55:47		21,51	10:52	10:52	11:16	11:26	11:21
2	82	NUNO MIGUEL SILVANO GIL	Individual	59:23	3'36"	20,21	12:02	11:51	11:50	11:53	11:47
3	80	ANDRÉ GONÇALVES	Clube_Ciclismo_Castelo_Branco	1:00:20	4'33"	19,89	11:59	12:04	11:58	12:12	12:08
4	84	JORGE MIGUEL AFONSO RIBEIRO	Retiro das Adegas / Churrasqueira da Quinta	1:01:30	5'44"	19,51	11:43	12:06	12:18	12:44	12:40
5	79	NELSON NARCISO	ESCOLA DE CICLISMO PORTALEGRE	1:01:49	6'02"	19,41	12:07	12:05	12:33	12:36	12:28
6	83	BRUNO GONÇALVES	Retiro das Adegas / Churrasqueira da Quinta	1:03:20	7'34"	18,95	12:18	12:29	12:39	12:38	13:15

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October 24, 2021

Master F (Women)

1st lap 4.00 km, 3 more laps of 16.00 km, winner: 57:48 at 16,61 km/h

Pos	Bib	Last Name	Team	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4
1	220	ANA BARATA	BTTGardunha/Fundão/Create	57:48		16,61	13:51	14:16	14:42	14:59
2	203	PATRÍCIA ARRAIS	CCDR Colmeal da Torre/Visit Belmonte/Starmodular	1:02:08	4'20"	15,45	14:49	14:59	15:52	16:27

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CPT OPEN (Men)

1st lap 4.00 km, 3 more laps of 16.00 km, winner: 53:01 at 18,11 km/h

Pos	Bib	Last Name	Team	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4
1	93	SAMUEL ALVES CARONHO	Individual	53:01		18,11	12:38	13:19	13:27	13:37
2	85	PAULO RODRIGUES	Individual	54:35	1'35"	17,59	12:49	13:44	14:02	14:00

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Classificação Geral Equipas

Pos	Team	Points
1	Clube_Ciclismo_Castelo_Branco	4
2	BTTGardunha/Fundão/Create	6
3	Azuribike Mangualde Team	10
4	CCDR Colmeal da Torre/Visit Belmonte/Starmodular	11